



Vice-Principals:
 Mrs. Sue Withers
 (South Office)
 Mr. Scott Howes
 (North Office)
 Mr. Al Thompson
 (West Office)

PRINCIPAL: Mr. Boris Grisonich

FEBRUARY 2012



MEDICINE HAT HIGH SCHOOL
presents

The PHANTOM of the OPERA


Music by Andrew Lloyd Webber
 Lyrics by Charles Hart

Additional lyrics by Richard Stilgoc. Book by Richard Stilgoc and Andrew Lloyd Webber.
 Originally directed in Broadway by Harold Prince.
 Original Broadway production by Cameron Mackintosh and The Really Useful Group.
 Based on the novel "Le Fantôme de l'Opéra" by Gaston Leroux.
 Orchestration by David Cullen and Andrew Lloyd Webber.

February 14-18, 2012 - 7:30 pm
 (Doors open 30 minutes prior to curtain)

Karen Cunningham Performing Arts Centre

Tickets: \$20.00 General - \$15.00 Students/Seniors
 Available at Medicine Hat High School North and South Office



"The Phantom of the Opera" is presented through special arrangement with R.H. Theatricals, 229 West 28th St., 11th Floor, New York, NY, 10001. TM (c) 1992 The Really Useful Group Limited

Upcoming Events

First day of Semester II (A Day)	Jan. 31
Last day for timetable changes	Feb. 3
Report Cards Distributed	Feb. 6

**Valentine's Day
February 14**



**Rick Hansen
Relay runs
past MHHS
(MHHS medal
bearer Jody Li)**

**Feb. 15 @
approx.
2:40
pm**

**District PD/
Staff Meeting
Day
(No Classes)**

Feb. 17

**Family Day
(No School)**

Feb. 20

**Days in Lieu
(No School)**

Feb. 21/22

**Teachers'
Convention
(No School)**

Feb. 23/24

**Check out the Medicine
Hat High School
website at www.mhhs.ca**

Mark your calendars:

**The next School Council meeting
will be Thursday, March 22 @
7pm in Room 129.**



**The first day of
Semester II
will be
Monday,
January 31**

Grad 2012

Planning for this year's graduation is well underway. Elections for Grad Executive were held last month and attracted an unusually large number of candidates, all of whom should be congratulated for their interest and effort in the campaign. The following students have been voted onto the Grad 2012 Executive Council by their fellow grade12's:



President	Britney Bolen
Vice President	Andrea Clarkson
Secretary	Keri Kelly
Treasurer	Stacey Bacon
Banquet Coordinator	Megan Rittinger
Ceremonies Coordinator	Michaela Schock
Church Service Coordinator	Ashley Paton
Decorations Coordinator	Rebecca Fauser
Chem Free Liaison	Kurt Weckesser
Member-at-Large	Oleg Nurmuradov

Grad Dates

The dates for this year's grad functions are as follows:

Church Service	Sunday, June 24
Ceremonies	Thursday, June 28
Banquet and Dance	Friday, June 29



Chem Free Party

Following the Banquet and Dance each year (starting between midnight and 1:00 a.m.), there is an all-night, alcohol-free party that many grads attend. This event, known as Chem-Free, is NOT an official MHHS grad function. Therefore, it is the responsibility of parents to plan and organize it.

Grad Parent Meeting

On **Wednesday, February 15 at 7:00 p.m.**, the Executive Council will be hosting **an information meeting in the MHHS cafeteria for parents of grads**. All interested parents and students are invited to attend. Following the information session, parents interested in the Chem-Free Party will have a chance to begin their planning. Representatives of last year's Chem-Free parent committee will be in attendance to help this year's committee get formed.

Other Grad Information

Grad photos (cap and gown pictures) have been tentatively scheduled for mid-March. As well, the Grad Executive hopes to start taking orders for grad clothing before the end of February. Listen for details of a "competition" to design the Grad 2012 logo.

Interact Fundraiser Celebration of the Chinese New Year The Year of the Dragon

Background Information

The 2012 Chinese New Year is the year of the Dragon. This celebration also referred to as the Lunar New Year or Spring Festival, and it is the longest and most important festivity in the Chinese calendar. The Chinese New Year tradition is to reconcile, forget all grudges and sincerely wish peace and happiness for everyone.



The origin of the Chinese New Year is centuries old. Regional customs and traditions concerning this celebration vary widely, some of which include decorations of red colour paper with themes of “good fortune” or “happiness”, ‘wealth”, and “longevity”, and the exchanging of presents. On the morning of Chinese New Year, children greet their family members and receive money in red paper envelopes.

Upcoming Interact Fundraiser

Although the Chinese New Year’s Day has recently passed (January 23, 2012), Interact would like to start the second semester with their next fundraising event of selling red envelopes of chocolate coins to celebrate the Chinese New Year and 2012.

The Interact students and advisors ask teacher advisors to help promote this fund-raiser activity as the members bring/sell red envelopes of chocolate to students/staff during TA time on February 1st and 2nd, 2012. Funds collected will go toward the Microcredit Project in Liberia.

If you have any questions regarding this information, please contact one of the advisors: Sue Withers (7523), Sarah Christiansen (7231), or Deb Rawlings (7614).

The new MHHS **Me to We** team recently volunteered at Prairie Gleaners the morning of January 28th. **Nadia Baheri, Jessica Friesen, Cassidy James, Ellen Mi, Anna Richardson, Shelby Van Dam, Mrs. Trish Richardson and Advisors Mrs. Sharleen Smith and Ms. Val Brade** spent the morning helping to clean and prepare the trays. In summary, Prairie Gleaners takes rejected/surplus vegetables and locally grown beans, barley, lentils, corn and potatoes and dehydrates them at their facility just south of Medicine Hat. They partner with reputable relief and Aid organizations to ship and distribute their packaged “soup mix” to hungry people. **Currently they are in need of clean five gallon pails (previously used for food products), clothespins, and approximately 30 stacking or folding chairs.**



Contact Val Brade in the MHHS South Office if you require more information. 403-527-3371, Ext. 7125.



Do you have a Part-Time job?



Off-Campus Education

- Work Experience
- Health Internship
- RAP (Registered Apprenticeship Program)
- Green Certificate Program
- PFO (Production Field Operator)

Why not earn High School credits and Scholarship money while you work?

Read page 26 of your Student Agenda for more details.

For more information contact:

Mr. Grossman	Room 403
Mr. Hider	Room 402
Mr. Tschritter	Room 400



TA Announcements:

A big thank you to **Justin Miller** for doing such a good job with morning announcements during TA for the first semester.

Josh Edison will be our announcer for Semester II.

Good luck Josh~!

MEDICINE HAT LITTLE LEAGUE BASEBALL REGISTRATION

PLAYERS AGE - 5 YEARS TO 15 YEARS OLD (April 30th is the Little League age cutoff.)

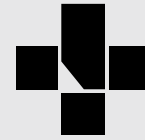
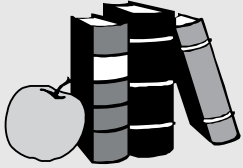
REGISTRATION DATES:

FRI. Mar 9	- 3:00 to 7:30	Sports Connection
SAT. Mar 10	-10:00 to 5:00	Sports Connection
SAT. Mar 17	- 9:30 to 5:30	Medicine Hat Mall
TUE. Mar 20	- 6:00 to 9:00	Kinplex Social Room
SAT. Mar 24	- 10:00 to 4:00	Kinplex Social Room
MON. Mar 26	- 6:00 to 9:00	Kinplex Social Room



PLAYER FEES

Little Sluggers (5 & 6 yrs)	(coaches pitch to batters)	85.00
Parent Pitch (7 & 8 yrs)	(coaches pitch to batters)	95.00
Kid Pitch (9 & some 10 yrs)		120.00
Minor (10 & 11 yrs)		120.00
Major (11 - 12 yrs)		120.00
Junior Little League (13 - 15 yrs)		135.00



Friendship

February is here and what a better time to talk about friendship. Parents as you talk to your child about healthy relationships, encourage your child to :

- Talk- to others about his/her interests
- Listen to what each other have to say.
- Praise each other for what he/she does well
- Use manners- saying please and thank you
- Be helpful- do things for your friends without keeping track of what they have done for you.
- Be honest about each others feelings
- Handle Conflict. Be clear about what you want and how you will compromise

Friendship does not include bragging about yourself, talking behind someone's back, or putting someone down. For more information, go to:

www.albertahealthservices.ca/2622.asp



Eating Disorders

Eating Disorder Awareness Week: February 5-11

Eating disorders are characterized by a preoccupation with food that interferes with life and keeps children from enjoying life and moving forward. Children learn attitudes towards food and weight at a very young age, so make a positive difference in your child's life. Here are some tips to help prevent eating disorders:

- Give children healthy choices
- Emphasize positive aspects of healthy eating
- Teach children that their worth is not related to how they look
- Encourage children to take responsibility for their own well-being
- Do not use food as a reward or punishment
- Be aware of advertising and toys aimed at children
- Make family meals a peaceful time

For more information on eating disorders, visit www.nedic.ca or call Community Mental Health at (403) 381-5260.

Get Healthy and Celebrate Heart Month!

According to the Heart and Stroke Foundation, "families who eat nutritious food together, are physically active together, and live smoke-free lives are well on their way to reducing their risk of heart disease and stroke."

Without a balanced, nutritious diet and regular physical activity, children can gain weight and harm their heart health. Studies show that children who are obese are more likely to remain obese, leading to serious risk factors for heart disease and stroke. They may be prone to developing high blood pressure or Type 2 diabetes. Here are some helpful hints to encourage heart-healthy habits in your children and in yourself:

- Eat nutritious, balanced meals and snacks
- Make sure children are getting 60 minutes of physical activity **every day**
- Talk to your children about how tobacco use can effect their health

To find out how to improve your families heart health visit www.heartandstroke.com



MEDICINE HAT
COLLEGE



SCIENCE



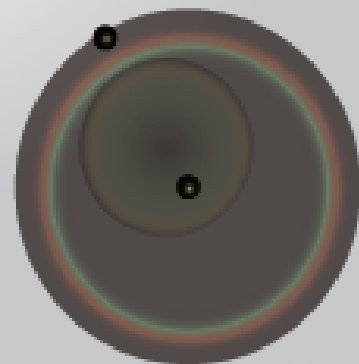
MEDICINE HAT
COLLEGE

March 24, 2012

37th Annual Kiwanis Regional Science Fair

Judging Starts at 9:00 AM

More information and registration at:
www.seab-sciencefair.com



FEBRUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Last Day for Timetable Changes	4
5	6 Report Cards Distributed	7	8	9	10	11
12	13	14	15	16	17 District PD Day / Staff Meeting No Classes for Students	18
19	20 Family Day	21 No School - Day in Lieu (Interviews)	22 No School - Day in Lieu (Career Planning)	23 Teachers' Convention	24 Teacher's Convention	25
26	27	28	29	NO SCHOOL THIS ENTIRE WEEK		

MEDICINE HAT HIGH SCHOOL

MHHS PHONE EXTENSIONS (527-3371) SEMESTER II 2011-2012 (Revised January 30, 2012)

ALEXANDRE, Lilianne	7260	SMITH, Sharleen	7235
ANDERSON, Carla (no T.A.)	7501	SPENCER, Nadine	7143
ATKISON, Connie (no T.A.) (Studio 7262)	7263	STEINER, Leah (Counselor)	7206
BARDAHL, Lindsay	7706	STOCKTON, Chris	7305
BATES, Teague	7302	THOMPSON, Allan (Vice-Principal)	7207
BORSHOWA, Erin	7240	TSCHRIFFER, Ralph	7400
BUCKLER, Warren (Counselor)	7522	TSCHRIFFER, Renee	7702
BURRY, Mamie	7404	TUDOR, Shauna (no T.A.)	7612
CARRIER, Carla (Counselor)	7521	VAARI, Tammy (no T.A.)	7237
CHRISTIANSEN, Sarah	7231	WATSON, Chad	7131
CLEMENS, Lisa	7611	WHITE, Kimberly	7703
COOPER, Arlene (Study Hall) (no T.A.)	TBA	WIEDEMANN, Roger	7509
COREAS, Bea	7241	WITHERS, Sue (Vice-Principal)	7523
ENNIS, Bren	7150	ZIMMERMAN, Robyn	7604
FREEMAN, Barry (class 7255)	7161		
GAGLEY, Linda	7401	NATIVE EDUCATION:	
GARTLY, Brad	7405	LLOYD, Deb/Jen Karpuk	7601
GILCHRIST, Stacey	7615		
GRISONICH, Boris (Principal)	7126	CLERICAL SUPPORT STAFF:	
GROSSMAN, Jim	7403	BELLAMY, Heather (West Office)	7110
HAMILTON, Jaime	7125	BRADY, Val (Principal's Secretary)	7125
HARROLD, Jeff	7610	EASTLY, Jill (North Office)	7123
HIDER, John	7402	HELLER, Tracy (Reception)	O or 7180
HILDEBRAND, Ricky	7508	HERINGER, Kathy (Library)	7254
HINMAN, Patty	7613	KOCH, Denise (Student Records)	7120
HOWES, Scott (Vice-Principal)	7520	KOPCHIAK, Sue (Bookkeeper)	7122
HUNT, Ken (no T.A.)	7708		
HUNTER, Rhonda (no T.A.)	7254	EDUCATIONAL ASSISTANTS:	
JOHANSEN, Nikki	7236	(<i>VOICEMAIL ONLY in bold</i>)	
JOHNSON, Krista	7709	AHO, Wendy	7901
JOHNSON, Tara (no T.A.)	7606	COX, Sherry	7903
KING-HUNTER, Eve (no T.A.)	7502	HIDER, Lauren (Science Prep)	7704
KONSCHUH, Russ (no TA)(class 7259)	7158	PETERSON, Amanda	7908
KOUTSKY, Jeremy (no T.A.)	7253	SACKMAN, Karen	7905
LAING, John	7710	WHITE, Janet (LSP testing)	7538
LIBRARY	7254	WUTZKE, Doris	7911
LYTTLE, Ross	7510		
MATT, Jennifer	7705	COMMUNITY RESOURCE STAFF	
MORI, Glen	7707	CHOW, Cst. Dave	7132
NESDOLY, Brenda (no T.A.)	7803	COWAN, Thelma	403- 529-5544
O'REILLY, Oliver	7711	MURPHY, Lillian	7111
PERRIN, Lizz	7507	JOHNSON, Christina	7111
PICKETT, Colleen	7506	THOROGOOD, Carla	7529
RAWLINGS, Deb (no T.A.)	7614	WARNEFORD, Lynda	7111
REGIER, Sheldon	7505		
REMPEL, Henry (class 7257)	7159	CUSTODIAL SUPPORT STAFF:	
RICHARDS, Sarah	7130	Klaus Banasch/Dean Smith	7138/7239
ROSS, Greg	7153	Karen MacMillan	Mark Corraini
SCHABER, Grant	7135	George Treiber	Monica Bailey
SEITZ, Mike	7230	Karen Flaig	Al Treend
SISKO, Grant	7149	Deb Ostapovitch	Magaly Donoso
SKELTON, Quinn	7144		

OUTREACH PROGRAMS
GUST, Keri 526-7877

HOSPITAL PROGRAM (P.A.S.)
POZZO, Nancy 502-8648 Ext. 1519

AISI Room (LAP/Trans)	7616
AISI Room (English Dept.)	7234
Archery Room	7805
Art Room (Clay)	7252
Art Room 2 (E. Borshowa)	7250
Cafeteria	7145
Choir Room	7308
Computer Lab (English)	7134
Computer Lab (LAP/Trans)	7607
Computer Lab (Social)	7500
Computer Lab (Math)	7406
Computer Lab (Science)	7712
Computer Work orders	6749
C.T.S. Office	7264
Design Lab	7801
Docutech	6719
English Office	7233
Grad Hotline	7006
LAP/Transitions Office	7606
LSP Testing Room	7538
Library	7254
Math Office	7417
P.E. Office (General)	7151/7165
P.E. Athletic Director	7133
P.E. Office (North)	7526
Social Studies Ofc.	7504
Staff Room	7249
Staff Phone in South Office	7162
Student Phone in South Office	7532
Student Phone in North Office	7524
Student Phone in Library	7232
Student Council Office	7128
Study Hall	7602
Tuck Shop	7516
PRAXIS Hotline	527-5365
North Gvm	7517
South Gvm	7147
Universal Gvm	7518
South Office Fax #	529-2247
North Office Fax #	504-5481
West Office Fax #	528-3341
Alternate Programs Phone:	526-7877
Alternate Programs Fax:	529-1731
R.E.A.L. Program	504-2868
Saamis Outreach Program	504-2868
YMCA Teen Mother Phone:	527-9466
YMCA Teen Mother Fax:	528-9323